

Advice, Information & Support

If you have experienced harassment or violence and need help urgently, the services listed below can help you straight away.

24/7 Available Support

[101](#) or [999 Leicestershire Police](#)

- You can also talk to the police in person at [a police station](#).
- Don't want to phone or walk in? [Report it on-line](#) instead.
- If the incident occurred recently, you can call [999](#) to help the police deal with it urgently.
- Alternatively, you can see what support is available on the Leicestershire [webpage](#).

[0116 252 2888](#) [Security Campus Services](#)

University Support

If you would like to report something to the University please visit [reportandsupport.le.ac.uk](#).

By completing this report, you will be able to inform the university about something that has happened to you or someone you know, either anonymously or by leaving your contact email.

[0808 80 200 28](#) [Independent Sexual Violence Advisor](#) (ISVA)

Provide confidential, coordinated sexual and domestic violence advice to anyone who has experienced this at any time (i.e. recently or historically).

Drop-in session: Thursday, 10:30am to 1:30pm. (Term-time only)

Location: Mezzanine floor in the Charles Wilson Building

Those who can't attend can either contact the ISVA, Seetal, directly on [07714134042](#), Monday to Friday 9:00am to 5:00pm.

[0116 255 2448](#) [University of Leicester Student Welfare Service](#)

Charles Wilson Building.

Email: studentservices@leicester.ac.uk

Leicester Community Support

[0116 255 8852](tel:01162558852) [Leicester Rape Crisis – Jasmine House](#)

- Provide free and confidential telephone and face-to-face counselling and support to female survivors aged 13+.
- One-to-one opportunity to talk things through and find practical ways of looking after yourself.
- Help with identifying coping strategies to deal with difficult emotions.

[0116 254 8535](tel:01162548535) [First Step](#)

Provide confidential services to male survivors of sexual abuse and their supporters living in the city of Leicester, Leicestershire and Rutland.

[0116 273 3330](tel:01162733330) [Juniper Lodge \(Sexual Assault Referral Centre\)](#)

- Provide telephone and face-to-face support for men and women aged 13+.
Information about reporting to the police.
- Access to support and counselling services.
- Forensic medical facilities and emergency contraception.
- Support throughout the reporting process.
- Practical support and referrals to other agencies

If you would like to be taken to Juniper Lodge, call University security on [0116 252 2023](tel:01162522023).

National Support

[0808 802 9999 Rape Crisis England & Wales](https://www.rapecrisis.org.uk/)

- Available between 12 noon to 2:00pm and 7pm to 9:30 pm every day of the year.
- Offer services by women for women and girls.

[0808 800 5005 National Male Helpline and Online Support](https://www.nationalmalehelpline.org.uk/)

- Available Monday, Wednesday and Friday 10:00am to 4:00pm, Tuesday and Thursday 8:00am to 8:00pm and Saturday 10:00am to 12 noon.
- Provide free emotional support, information and signposting.

[0800 999 5428 Galop](https://www.galop.org.uk/)

LGBT+ anti-violence charity, providing support and advice for people who have experienced hate crime, sexual violence or domestic abuse.

Incident Report Form: www.galop.org.uk/report/