MANIFESTO BOOKLET SPORTS OFFICER CANDIDATES



Elect Kieran Adams for Sports

Officer



Continuing progress on sports diversity & Inclusivity

Minimising costs & eliminating Hidden Fees

About Me:

Degree: BA Politics

Sports Club: Rowing



Hi, my name is Kieran and I am one of your candidates for Sports Officer on the SU's Exec! I come from a varied background, born in Yorkshire, but having lived most of my life in Germany as well as the North East of Wales, my current Home. I have been a part of our Universities sports community for all of my three years here, and I have loved every minute of it. For the past two years I have been responsible for training and coaching our freshers into our Novice Squads as a part of the Rowing Club. With this I have gained two years of committee experience, lots of people skills and an ability to manage a hefty workload. I am known for being approachable, friendly & determined, but don't take my word for it, ask any of my squads I'm sure they'll say the same!

I look forward to meeting you all on the campaign, and hope I can convince you to vote for me, and my policies!

Key Policies:

Better support for Injuries & Mental Health

Within sport injuries are unfortunately a common occurrence. I have experienced this first hand with a lower back injury, and have seen this within my rowing squads. Physical injuries can impact your mental health, especially when this injury prevents you from competing, training and taking part in club events. I want to ensure that there is more support from the SU to societies, with clear provisions detailing what societies can do to support their members with injuries. Within my rowing squads we have had to deal with multiple injuries this year, I have always ensured that members of my squads are well looked after.

We dedicate so much of our free time training for competitions doing the sports we all love, and injuries can take that away in seconds. Lets support our athletes!

Diversity & Inclusivity

Diversity and Inclusivity has always been an important principle here at Leicester. We live in one of the UK's most diverse cities, more than half of our students identify as BAME. These are things to be proud of! I want to continue ensuring that we remain an open and Inclusive University, and that our sports societies continue to appeal to individuals from every background.

My aim is to create a social's fund aimed at increasing the inclusivity of sports clubs. This will be a small but not insignificant sum of money available to all sports societies, to be put towards funding socials away from the o2. It is an opportunity for clubs to offer something besides training, to those in our community who don't drink. In addition to this your activities using this fund can run on any day your society choses, so even though you're offering an alternative to the o2, you're also not missing out!

I believe that such a fund will have many benefits to our sporting community, diversifying squads as well as bringing our clubs and our community closer together.

Minimising costs & Elminating Hidden Fees

Joining a new sport in a new place can be a daunting experience, especially when you're unsure of the costs. The SU has already started to make sure that clubs are clear about their fees, what they charge and why. I want to ensure that clubs have a list of fees, both mandatory and optional, so that when our new students arrive they know exactly what they're signing up for. Transparency in this regard is essential, as hidden fees can be an unwelcome surprise to students who may just want to try a new sport. Having served on the committee for boat I know what these fees are. Matchday costs, transport fees, and kit orders. Let's be transparent & welcoming to our new students!

If you agree with me, scan the QR code & Vote Kieran Adams for Sports Officer!



He/Him

For Sports

Oblicer 2022/23



Inclusivity
Disability
Health
Finances
Varsity

#March With Arch

Manifesto!

Inclusivity!

- An overhaul of the coaches handbook, making sure coaches adhere to the promotion of inclusivity amongst minority groups.
- To work with the Wellbeing Officer and societies to build upon the mandatory consent and sexual assault workshops for team Leicester clubs and members.
- An addition of 'Club Expectations' in the coaches handbook, allowing coaches to know and adhere to club specific expectations.
- The creation of a compulsory club ethos, to be followed by coaches, members and committee.
- Equal opportunities: Overseeing facility arrangements so that all clubs have an equal share of their first choice facilities.
- To campaign for the reinstatement of the Safety Bus.

Disability!

- The creation of weekly gym classes available to disabled students, in the hope to remove stigma and help students gain gym confidence.
- To help provide advice and pathways for disabled students to help them get into their chosen sport.

Health!

- Working with the Wellbeing Officer to create 'Wellbeing Wednesdays' to provide students with support on BUCS match days.
- To implement greater support and awareness of mental health in sport.
- To campaign for availability of free nutritional advice included in the sports gym membership.
- To continue to offer free swim lessons.





Manifesto!

Finances!

- Work along side the university to offer financial support to eliminate hidden fees.
- Push for the consideration of equipment costs when distributing club funds.
- To campaign for reduced personal trainer prices for those with a student gym membership.

Varsity!

- Implement travel to and from Varsity events to prevent late night walking and to encourage attendance and greater support for Team Leicester clubs.
- Work with the Sports Office to help provide varsity events for clubs that do not compete in BUCS/DMU being unable to field a team.

About M

Hey everyone! My name is Archie and I am running to be your Sports Officer for the 2022/23 academic year! For those who don't know me, I have been a part of Men's Futsal for the last 3 years, being a Sports Scholar and Club Captain for two of those.

I have been involved in 'elite' level sport since I was sixteen, and feel like I can bring a lot to the Sports Officer role at our university due to my sporting background. I will focus on 5 key areas I believe could be improved in university sport, in the hope to provide everyone with equal opportunities and better experiences in sport.

I understand how important sport is for students at university, and hope we can work together to improve student experience!

#March
With
Arch





My time at University of Leicester

- Ammolite and Obsidian coach on Cheer and Stunt 21/22.
- A member of a Team Leicester club as an Undergraduate and a Postgraduate.
- Held the role of 'Media Officer' on Sports Council in 20/21 and 21/22.
- Created graphics advertising the Virtual Varsity held during the summer of 2021.
- Nominated for 'Outstanding Contribution to Sport' at Sports Awards 2021.
- Publicity Officer on Cheer and Stunt 20/21.
- Team Captain on a Grand Champion and National Champion Cheer team 19/20.
- Spearheaded the organisations of events in aid of men's mental health charities.
- Raised money and awareness for Jasmine House as part of Sports Council
- Assisted in running, planning, and advertising charity events during COVID-19 as part of Sports Council (LetsDisko Bingo, A Question of Sport and Safety, etc).
- Showed continuous support to all Team Leicester clubs through attending fixtures,
 highlighting successes, and continuously working to improve sport at Leicester.
- Raised awareness of the signposting system available to all Team Leicester members through social media.
- Worked alongside the current and previous sports officer to ensure a smooth transition back to in-person sport.
- Worked with fellow committee members to allow cheer and stunt to transition into an online environment throughout the COVID-19 pandemic.
- Highlighted the diversity and talents of members in Cheer as Publicity Officer
- Worked alongside the 20/21 wellbeing officer to provide weekly guidance and support surrounding a variety of mental health topics (Wellbeing Wednesdays).

#ONTHECASE

If elected as your Sports Officer, I will...



Improve inclusivity in sporting life

Work alongside Sport and Active Life to **assess the facilities** and ensure that they are accessible and provide a **comfortable and safe space** for all visitors.

Support Wellbeing and Inclusion officers by providing a **framework of resources** so all members of their clubs have information that they can utilise when needed.

Work with the Education Officer and the International Officer to allow **postgraduate and international students** to have the same sporting opportunities as everyone.

Highlight successes across the Leicester sporting community

Incentivise the **recruitment process** for all teams. For example, merch given for a proportionate member increase.

Continue the work done by the current Sports Officer with the continuation of 'Sports Person of the Month'

Support and **celebrate all successes** across every club on all social media accounts as each is an achievement in itself and deserves its own recognition and praise





Support everyone

Rally with the university to reintroduce the **Sports Inclusion Fund** to allow for sports to be completely accessible

Work with Team Leicester and the wider University community to provide **Physiotherapy sessions** utilising student physios, benefitting both students and athletes.

Introduce a scheme that allows students to report injuries directly and gain the wellbeing and physical support that they may

Run awareness workshops surrounding visually impaired and hard of hearing members of sport to improve experiences in the wider sporting community

To support all Team Leicester clubs, I will...

Work with the wider SU staff to run **budgeting workshops and grant funding application support** so every club can spend their money wisely and avoid debt.

Improve communication between Team Leicester and Committee members by creating a more cohesive way of reporting issues or asking questions.

Continue the **Be The Influence workshops** including topics such as conduct outside of the university, sexual violence awareness, and disability awareness.

Network with charities to bring in a **more detailed, resource-heavy training** surrounding sensitive topics.

Liase with Viper10 to guarantee **prompt delivery** and **clear communication** over personalisation.

Outreach to the wider community.

Integrate the university into the wider
Leicester sporting community by bringing local
teams from youth to para-sports to create a
more unified Leicester which will benefit all
teams.

Gym Anxiety

Destigmatize fears of going to the gym by working with the sport and active life team to create a variety of events to build confidence on machines, know the proper form during lifts and meet people in similar situations to alleviate any anxieties by going in a group.

#ONTHECASE

If you would like to ask any questions, please feel free to message me!

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